

# RULE YOUR BODY CARE ROUTINE.

Discover Artistry Signature Select™ body care routines! Pamper the skin you're in and wrap yourself in a complete sensorial experience that's full of bold colors, surprising textures and invigorating fragrances. These multi-benefit beauties are infused with Nutrilite™-sourced phytonutrients, botanicals and essential oils for your most nourished, healthy-looking skin yet.

Our easy-to-follow body care routine recipes provide step-by-step instructions to reveal skin that's brighter, firmer or happily hydrated in no time. Find the one that fits your unique body skin concerns and needs!

## WHY FOLLOW A BODY CARE ROUTINE?

1. Personalized body care for your unique skin
2. A complete experience for your senses
3. The perfect blend of beauty, nature and science

ARTISTRY  
SIGNATURE SELECT™





**PURIFY.**



**POLISH.**



**FIRM.**

# ARTISTRY SIGNATURE SELECT™ *BODY CARE COLLECTION* **THE FIRMING SOLUTION.**

Give your skin a whole new kind of “workout” and take on any adventure with – confidence – that’s all you. Rock this routine to help visibly firm areas like hips, thighs, legs, abs and buttocks.

## **ROUTINE RECIPE**

### ***Purifying Body Cleanser:***

Start the day fresh. Kick off your routine by applying to wet skin in the shower. Then lather and rinse to purify and soften skin.

### ***Polishing Body Scrub:***

After cleansing, while still the shower, massage into damp skin to exfoliate and refresh. Make sure to spend a little extra time on areas like elbows, feet and thighs.

### ***Firming Body Lotion:***

Time to tighten and tone – your skin that is. Massage into damp or dry skin in a circular motion to help visibly firm, lift and moisturize. For best results, apply again in the evening.

## **WEEKLY RECOMMENDATION**

Follow steps as seen in chart below.



**#RuleYourRoutine**

Follow @ArtistryUS and share your body care experience.



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**PURIFY.**



**POLISH.**



**HYDRATE.**

# ARTISTRY SIGNATURE SELECT™ *BODY CARE COLLECTION* **THE HYDRATING SOLUTION.**

When your skin's feeling dry, thirsty and in need of a continuous moisture infusion, it's time to hydrate! Take on this trio to help keep skin feeling healthy, smooth and moisturized all day long.

## **ROUTINE RECIPE**

### ***Purifying Body Cleanser:***

Start the day fresh. Kick off your routine by applying to wet skin in the shower. Then lather and rinse to purify and soften skin.

### ***Polishing Body Scrub:***

After cleansing, while still in the shower, massage into damp skin to exfoliate and refresh. Make sure to spend a little extra time on areas like elbows, feet and thighs.

### ***Hydrating Body Gel:***

Quench dry, thirsty skin quickly and easily. Smooth over damp or dry skin, both day and night, to help hydrate and protect it from whatever the day throws your way.

## **WEEKLY RECOMMENDATION**

Follow steps as seen in chart below.





**PURIFY.**



**POLISH.**



**BRIGHTEN.**

# ARTISTRY SIGNATURE SELECT™ *BODY CARE COLLECTION* **THE BRIGHTENING SOLUTION.**

Skin looking dull and tired? Here's the bright solution. Conquer this combo to help reveal your skin's inner glow and radiance. The result is skin that's revitalized, luminous and oh so bright.

## **ROUTINE RECIPE**

### ***Purifying Body Cleanser:***

Start the day fresh. Kick off your routine by applying to wet skin in the shower. Then lather and rinse to purify and soften skin.

### ***Polishing Body Scrub:***

After cleansing, while still in the shower, massage into damp skin to exfoliate and refresh. Make sure to spend a little extra time on areas like elbows, feet and thighs.

### ***Brightening Body Cream:***

Show off your glow while leaving skin feeling soft and nourished. Apply to damp or dry skin liberally after showering to brighten and revitalize.

## **WEEKLY RECOMMENDATION**

Follow steps as seen in chart below.

	S	M	T	W	TH	F	S
<b>A.M.</b>							
<b>P.M.</b>							



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