



# ENERGIZE

XS™ ENERGY BARS

SUSTAINED FUEL



## BLUEBERRY CRUNCH

US 11-0845 & Canada 11-0846

Barra de Mora Tostada

### Nutrition Facts

Serving Size 1 bar (68g)  
Servings Per Container 12

Amount Per Serving

**Calories 220** Calories from Fat 30

% Daily Value\*

**Total Fat 3g** 5%

Saturated Fat 1g 5%

Trans Fat 0g

**Cholesterol 0mg** 0%

**Sodium 180mg** 8%

**Potassium 70mg**

**Total Carbohydrate 40g** 13%

Dietary Fiber 2g 8%

Sugars 27g

**Protein 9g**

Vitamin A 0% • Vitamin C 0%

Calcium 8% • Iron 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ORGANIC BROWN RICE SYRUP, ORGANIC ROLLED OATS, SOY RICE CRISPS (SOY PROTEIN ISOLATE, RICE FLOUR AND MALT EXTRACT), DATE PASTE, INVERT CANE SYRUP, BLUEBERRIES, SOY BUTTER (DRY ROASTED SOYBEANS, SOY OIL, SEA SALT), SOY PROTEIN ISOLATE, INULIN, ISOMALTO-OLIGOSACCHARIDES, TAPIOCA SYRUP, ORGANIC SUNFLOWER OIL, NATURAL FLAVOR, ORGANIC AGAVE SYRUP, SEA SALT.  
**CONTAINS SOY AND WHEAT.**

