



“If I can do it, so can you.”

*Nina Sicaeros lost several dress sizes and reached her goal weight!**

With the BODYKEY by NUTRILITE™ program, Nina Sicaeros went from a size 11–12 to a size 3–4! Nina, who tried for a long time to lose weight, says, “I have three kids – my youngest came years after the first two, and I just could not lose that weight. I had never been that size. I tried everything. I was so mad. I was depressed. I wanted to wear nice dresses but still hated how I looked!”

She tried personal trainers, popular weight loss programs, and calorie counting. “I would lose a few pounds, but it never stayed off and I couldn’t stick with it to reach my goal.” Her personal path to lifelong health began with a trip to the Nutrilite Center for Optimal Health. It was here, she says, that she broke down in tears after hearing the results of her health profile. “High cholesterol, prediabetic, overweight – it just hit me.”

She recalls opening the BODYKEY by NUTRILITE Jump Start Kit. “Oh, I love it. It is so easy to follow. Everything was right there for me. The SLIMMETRY® supplement was ideal support with my favorite – the chocolate shakes. I had satisfying choices and delicious meals. This has become my passion and my mission. I love helping other people lose weight like I did.”

Not only does Nina continue to look great in her size 3-4s, she faithfully sticks with the personal plan that her genetic test showed was right for her body: the Better Balancer™ Plan. Her cholesterol is in the normal range and she is no longer prediabetic, thanks to her new way of eating.

Nina now stays very active, using Sean Foy’s quick daily exercise routines with her colleagues. She adds, “I also run three or four times a week now. And I love hiking. I can easily go 10 miles on a hike. I don’t know what to do with all my energy.”

Since she’s reached her goal weight, Nina has a healthy perspective on her new lifestyle – and what it took to get here: “The DNA test results gave me the right start. And I love the Super Green Aloe Shots! You get immediate cleansing in a good way. It makes you feel so refreshed!”

About the BODYKEY by NUTRILITE plan, she adds, “You will be amazed at the fast results. When you follow your plan, the weight just starts coming off within the first couple of weeks!”

Nina’s outlook is transformed. “My self-esteem is so high now that I did this,” she says. “I am a totally different person. Imagine going to a store for a dress and trying on your 11–12. Then you go get a size 7–8 and it’s still too big. And then you try a 5–6 and it’s STILL too big and you think, ‘This is crazy! I did it!’ I felt stronger and healthier than ever. I feel like I’m in my 20s again.”

*This success story features an Amway Independent Business Owner. She owns and operates an Independent Business and has a financial interest in the sale of Amway™ goods and services.

Consult your physician or health care provider before starting any weight loss program. Product was provided as well as the assistance of a dietitian and weekly counseling.

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