



Scott Schmidt

**Scott found the right plan to lose
68 pounds in 8 months.***

Scott is a believer in the power of NUTRILITE® to make healthier living happen – he’s experienced it. Already using NUTRILITE products to help him start on the quest, he was excited to start the BODYKEY by NUTRILITE™ program as soon as it arrived.

After taking the Inherent Health® Weight Management Genetic Test, Scott found out he was a Carb Reducer™. Does he think it made a difference in his progress? “Yes! I’d been to a personal trainer before when I tried to lose weight. It didn’t work nearly as well, because he was training me based on what he did to lose weight, not what my body needs or how it works.”

As Scott adopted better eating habits by reducing the number of carbs he ate and getting creative with BODYKEY™ Meal Replacement Shakes, he started to see the results. He also realized that there was a bigger picture coming into view. “This is a long-term approach. I’ve already reached my goal. I don’t need to lose any more weight. But I’m still applying what I’ve learned, because I don’t want to be fat again!” Scott generally has an Appetite Control Chew each afternoon. “I do think they help curb the appetite and the taste isn’t bad, either!”

When asked if he can point to a major difference in the BODYKEY by NUTRILITE program that supports his success, he says, “The genetic test, for sure. I saw how the diet from the personal trainer wasn’t working. This does. That’s the proof.”

*This success story features an Amway Independent Business Owner. He owns and operates an independent business and has a financial interest in the sale of Amway™ goods and services. Consult your physician or health care provider before starting any weight loss program. Product was provided as well as the assistance of a dietitian and weekly counseling.

Trademark: Carb Reducer and Inherent Health (Interleukin Genetics, Inc., Waltham, Mass.).