



RECHARGE

XS™ SPORTS PROTEIN POWDER

BUILD LEAN MUSCLE



Chocolate Milkshake Tub 11-0375 Pouch 11-0377 BATIDO DE CHOCOLATE

Supplement Facts	
Amount Per Serving	% Daily Value*
Calories	160
Calories from Fat	20
Total Fat	2g 3%
Saturated Fat	1g 5%
Trans Fat	0g
Cholesterol	45mg 15%
Total Carbohydrate	11g 4%
Dietary Fiber	1g 4%
Sugars	8g
Protein	23g 46%
Calcium	275mg 27%
Sodium	150mg 6%
BCAA Blend	500mg †

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: WHEY PROTEIN CONCENTRATE (FROM MILK), MILK PROTEIN ISOLATE, FRUCTOSE, COCOA, GLYCINE, COCONUT OIL, CALCIUM CASEINATE (FROM MILK), NATURAL FLAVORS. **CONTAINS 2% OR LESS OF:** MICELLAR CASEIN (FROM MILK), WHEY PROTEIN HYDROLYSATE (FROM MILK), WHEY PROTEIN ISOLATE (FROM MILK), SODIUM CASEINATE (FROM MILK), BRANCHED CHAIN AMINO ACIDS (LEUCINE, ISOLEUCINE, VALINE), MALTODEXTRIN, MEDIUM CHAIN TRIGLYCERIDES, LECITHIN (SOY OR SUNFLOWER), PAPAINE, OLIGOFRUCTOSE, GUAR GUM, XANTHAN GUM, REB A (STEVIA), BROMELAIN, FRUCTOOLIGOSACCHARIDES, SALT, MONOGLYCERIDES, DIPOTASSIUM PHOSPHATE, SILICON DIOXIDE, PEA PROTEIN ISOLATE. **CONTAINS SOY AND MILK.**

One serving provides the following typical amino acids:

L-Alanine	1000mg
L-Arginine	640mg
L-Aspartic Acid	2390mg
L-Cystine	440mg
L-Glutamic Acid	4350mg
Glycine	420mg
L-Histidine	480mg
L-Isoleucine (BCAA)	1360mg
L-Leucine (BCAA)	2300mg
L-Lysine	1980mg
L-Methionine	550mg
L-Phenylalanine	850mg
L-Proline	1150mg
L-Serine	1160mg
L-Threonine	1350mg
L-Tryptophan	410mg
L-Tyrosine	850mg
L-Valine (BCAA)	1320mg

Store in a cool, dry place.
INSTRUCTIONS: Blend or shake 1 level scoop into 6-8 fl oz of cold water or milk. Consume immediately.
WARNING: Children under 12 years of age, pregnant women or nursing mothers, or anyone with a medical condition should consult with a physician before using this product.



Vanilla Dream Tub 11-0376 SUEÑO DE VAINILLA

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Amount Per Serving	% Daily Value*
Calories	160
Calories from Fat	15
Total Fat	2g 3%
Saturated Fat	1g 5%
Trans Fat	0g
Cholesterol	45mg 15%
Total Carbohydrate	9g 3%
Dietary Fiber	1g 4%
Sugars	8g
Protein	23g 46%
Calcium	271mg 27%
Sodium	150mg 6%
BCAA Blend	500mg †

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: WHEY PROTEIN CONCENTRATE (FROM MILK), MILK PROTEIN ISOLATE, FRUCTOSE, NATURAL FLAVORS, GLYCINE, CALCIUM CASEINATE (FROM MILK), MICELLAR CASEIN (FROM MILK). **CONTAINS 2% OR LESS OF:** WHEY PROTEIN HYDROLYSATE (FROM MILK), WHEY PROTEIN ISOLATE (FROM MILK), BRANCHED CHAIN AMINO ACIDS (LEUCINE, ISOLEUCINE, VALINE), SODIUM CASEINATE (FROM MILK), MEDIUM CHAIN TRIGLYCERIDES, LECITHIN (SOY OR SUNFLOWER), PAPAINE, OLIGOFRUCTOSE, GUAR GUM, XANTHAN GUM, REB A (STEVIA), BROMELAIN, FRUCTOOLIGOSACCHARIDES, PEA PROTEIN ISOLATE. **CONTAINS SOY AND MILK.**

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