



RECHARGE

**XS™ SPORTS
PROTEIN BARS**
BUILD LEAN MUSCLE



Chocolate Peanut Butter 11-0385

CHOCOLATE Y PEANUT BUTTER

Nutrition Facts	
Serving Size 1 Bar (56g)	
Servings Per Container 12	
Amount Per Serving	
Calories 250	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 120mg	5%
Total Carbohydrate 19g	6%
Dietary Fiber 1g	4%
Sugars 9g	
Protein 20g	40%
Vitamin A 0%	Vitamin C 0%
Calcium 15%	Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
INGREDIENTS: CHOCOLATE FLAVORED COATING (SUGAR, PALM KERNEL OIL, WHEY PROTEIN CONCENTRATE, COCOA POWDER, SOY LECITHIN (EMULSIFIER), VANILLA), XS™ PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, WHEY PROTEIN ISOLATE, MILK PROTEIN CONCENTRATE, HYDROLYZED WHEY PROTEIN ISOLATE, CALCIUM CASEINATE), PEANUT BUTTER (PEANUTS, SUCROSE, PALM OIL, SALT, SEA SALT), GLYCERINE, GELATIN, WATER, WHEY CRISP (WHEY PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE, TAPIOCA STARCH, CALCIUM CARBONATE, SOY LECITHIN (PROCESSING AID)), PEANUT FLOUR, POWDERED SUGAR, MALTODEXTRIN, PEANUTS, PALM KERNEL OIL, SOY LECITHIN (EMULSIFIER), SALT, ALMONDS. CONTAINS PEANUTS, SOY, MILK AND ALMONDS.	



Chocolate Berry Blast 11-0386

CHOCOLATE Y MORAS

Nutrition Facts	
Serving Size 1 Bar (62g)	
Servings Per Container 12	
Amount Per Serving	
Calories 250	Calories from Fat 80
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 125mg	5%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Sugars 15g	
Protein 20g	40%
Vitamin A 0%	Vitamin C 0%
Calcium 15%	Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
INGREDIENTS: CHOCOLATE FLAVORED COATING (SUGAR, PALM KERNEL OIL, WHEY PROTEIN CONCENTRATE, COCOA POWDER, SOY LECITHIN (AN EMULSIFIER), VANILLA), XS™ PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, WHEY PROTEIN ISOLATE, MILK PROTEIN CONCENTRATE, HYDROLYZED WHEY PROTEIN ISOLATE, CALCIUM CASEINATE), GLYCERINE, CORN SYRUP, WHEY CRISP (WHEY PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE, TAPIOCA STARCH, CALCIUM CARBONATE, SOY LECITHIN (PROCESSING AID)), SWEETENED CONDENSED SKIM MILK (MILK SOLIDS, SUCROSE), WATER, GELATIN, SUGAR, ALMONDS, BLUEBERRIES (BLUEBERRIES, SUGAR, SUNFLOWER OIL), PALM KERNEL OIL, INVERT SYRUP, COCOA POWDER, CREAM POWDER, SOY LECITHIN (EMULSIFIER), NATURAL FLAVORS, SEA SALT, PEANUTS. CONTAINS PEANUTS, ALMONDS, MILK AND SOY.	

