

NUTRILITE[®]

Valerian and Hops

A-8992

SUGGESTED USE: For occasional sleeplessness, take three tablets before bedtime.

S u p p l e m e n t F a c t s		
Serving Size 3 Tablets Servings Per Container 30		
	Amount Per Serving	% Daily Value
Standardized Valerian Root Extract (0.8% valerenic acids)	450 mg	†
Valerian Whole Root Extract	150 mg	†
Lemon Balm Extract (leaf)	150 mg	†
Hops Extract (cone)	100 mg	†
Citrus Bioflavonoid Concentrate (grapefruit, mandarin, lemon)	100 mg	†
† Daily Value not established		

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, MALTODEXTRIN, CORN STARCH, STEARIC ACID (FROM SOY), SODIUM CARBOXYMETHYLCELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, SILICON DIOXIDE, GLYCERIN, NATURAL FLAVOR.